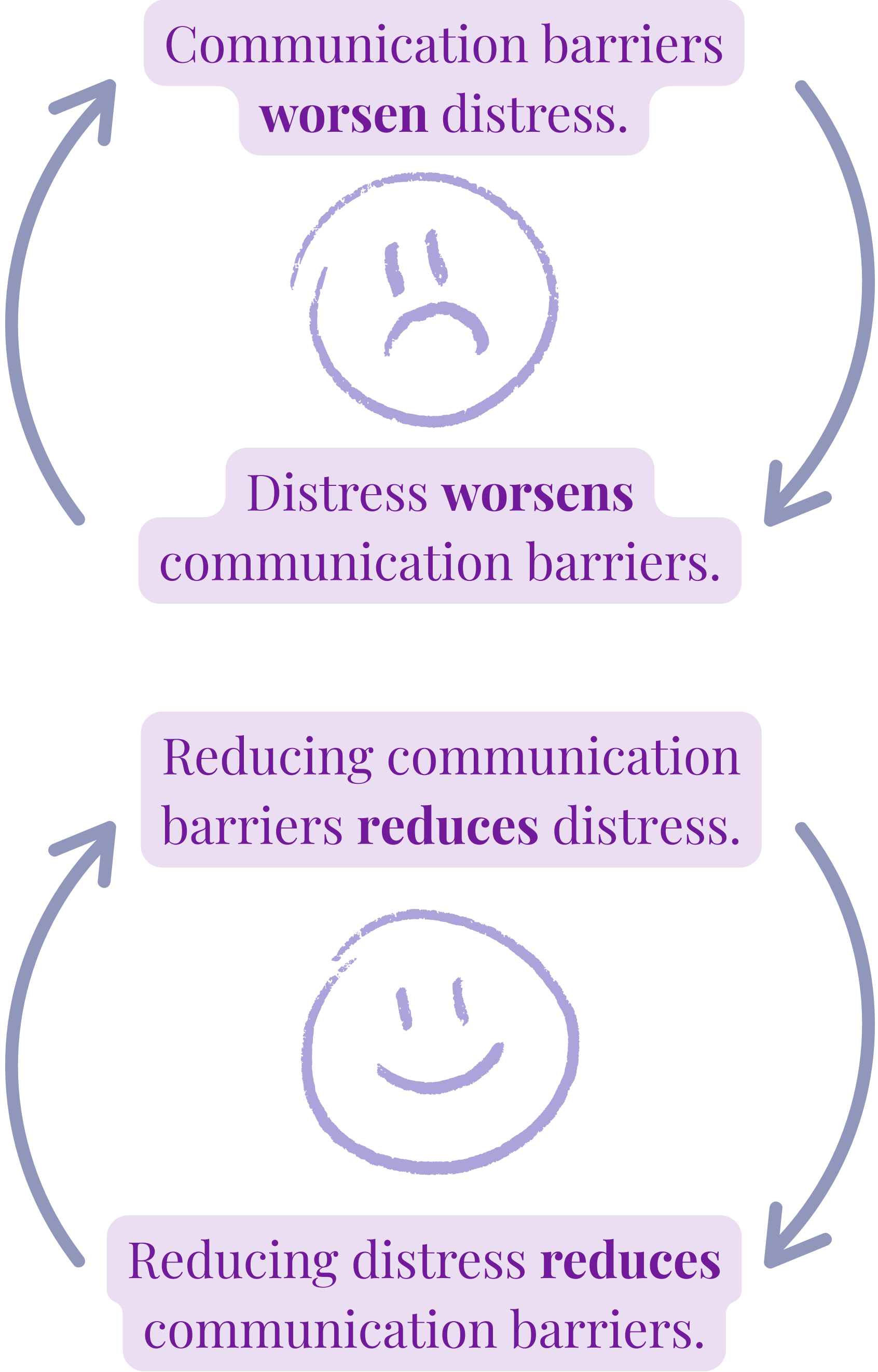


**You can be a communication facilitator!**



# AUTISTIC:

communication strategies

for working with autistic people experiencing crisis

**A**lternative communication

(type, text, nod, point, write)

**U**nambiguous language

(be concrete and factual)

**T**ake their word for it

(listen literally & validate)

**I**ndicate your intention

(state the implied and expected)

**S**hort, specific sentences

(establish shared definitions)

**T**ime for processing / regulation

(calmly follow their lead)

**I**nterest-based coping

(ask about what they really love)

**C**losed-ended questions

(narrow the scope; offer choices)

Communication strategies are based on a combination of research, lived experience, and practice-based evidence.

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